



## AMAPOLA 3

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**RECORD** Star 131A  
**RHYTHM** Rumba Released -June 2001.  
**SEQUENCE** Intro A B A B A Ending  
**ROUNDALAB** Phase 3+2 [3 Of An Umbrella Turn & Fan]  
**SUGGESTED SPEED** 45 RPM  
**FOOTWORK** Opposite [women in parentheses]

### INTRO

1-4

**WAIT; WAIT; DIAGONAL CUCARACHAS TWICE WITH ARMS;;**  
1-2 Open Facing Arms at sides[Man Wall] Wait 2 Meas;; [M L & W R Foot Free]  
3-4 Opening out with Arm Sweeps Sd L, Rec R, Cl L; Side R, Rec L, Cl R; To B'Fly

### PART A

1-5

**HAND TO HAND TWICE;; [To A Left Hand Star] 3 OF AN UMBRELLA TURN;;;**

1-2 In B'Fly Rck Bck L Trng LF To Face LOD, Rec R To Face Ptr, Sd L;  
Rck Bck R Trng RF to Face RLOD, Rec L Face RLOD, Fwd R;  
[Rck Bck L Trng LF RLOD, Rec R Face Ptr, Sd L Trng RF LOD;]

3-5 Fwd L, Rec R, Bck L; Bck R, Rec L, Fwd R; Fwd L, Rec R, Bck L;  
[W Bck R, Rec L, Fwd R; Fwd L Trng ½ RF under jnd hnds, Rec R, Fwd L; Fwd R Trng  
½ LF under jnd hnds, Rec L, Fwd R;]

6-8

**LADY TO A FAN; [Man Face Line] PROGRESSIVE WALKS;;**

6 Bck R, Rec L Trng ½ LF, Sd R LOD; [Fwd L, Fwd R Trng ½ LF, Bck & Sd L;]

7-8 Fwd L, Fwd R, Fwd L; Fwd R, Fwd L, Fwd R;

9-12

**FORWARD FACE & CLOSE; [Lady To Tandem] FENCELINE TWICE;;**

**SPOT TURN; [Lady To Face]**

9 Fwd L, Rec R Trng ¼ LF/Wall, Cl L; [Bck R, Rec L Trng ¼ LF, Sd R; To Tandem/Wall]

10-11 Cross Lunge R, Rec L, Sd R; Cross Lunge L, Rec R, Sd L;

XRIFL, Rec L Trng LF To Face Ptr, Sd R; [XLIFR, Rec R Trng RF To Face Ptr, Cl L;]

13-16

**HAND TO HAND; CRAB WALKS;; NEW YORKER;**

13 Join Trail Hands Bck L To Face LOD, Rec R Face Ptr, Sd L;

14-15 XRIFL; [WXLIF] Sd L, XRIFL; Sd L, XRIFL, Sd L;

Thru R With Straight Leg LOD, Rec L, Sd R;

Note:- Third time through A, end in Closed Position

**PART B**

**1-4**

**HALF BASIC; LADY UNDERARM TURN; NEW YORKER; PROGRESSIVE WALK 3;**

1 Fwd L, Rec R, Sd L;

2 Bck R, Rec L, Sd R; [Under Joined Lead Hands XLIFR, Trng RF Rec R Face Ptr, Sd L;]

3 Thru L With Straight Leg RLOD, Rec R, Fwd L Face LOD In LOP;

4 Fwd R, Fwd L, Fwd R;

**5-8**

**SLIDING DOORS;; PROGRESSIVE WALK 3; NEW YORKER;**

5-6 Sd L, Rec R, XLIFR; Sd R, Rec L, XRIFL;

7 Fwd L, Fwd R, Fwd L;

8 Fwd R With A Straight Leg, Rec L Trng RF Face Ptr, Sd R;

**9-12**

**BASIC;; [Lady To A Tamara] WHEEL IN 3; WHEEL & UNWRAP;**

9-10 Fwd L, Rec R, Sd L; Bck R, Rec L, Cl R; [Bck R, Rec L, Sd R; XLIFR, Rec R Trng RF Face Ptr, Sd L To A Tamara Position;]

11-12 Fwd L, Fwd R, Fwd L Face COH; Cont Wheel Fwd R, Fwd L, Cl R Face Wall;

[Fwd R, Fwd L, Fwd R Face Wall; In Place Trng LF L-R-L Face Ptr]

**13-16**

**REVERSE UNDERARM TURN; FENCELINE; BASIC;;**

13 XLIFR, Rec R, Sd L; [Under Joined Lead Hands XRIFL, Trng LF Rec L, Sd R Face Ptr;]

14 XRIFL, Rec L, Cl R;

15-16 Fwd L, Rec R, Sd L; Bck R, Rec L, Sd R;

**ENDING**

**1-2**

**FORWARD BASIC; HOLD; [OPTIONAL LADY LEG CRAWL]**

1 In Closed Position Fwd L, Rec R, Bck L;

2 Hold; [Optional -Lady slide her left leg slowly up outside of Mans extended right leg]